

SEPTEMBER 18TH | 5:30-7:30  
AT TYSON, DICK KELLY PARK AND FELLOWSHIP HALL

**HOL(EY) SMOKES**  
A VESTAVIA METHODIST  
MEN'S EVENT

RODNEY SCOTT PIT MASTER | GOLF SIMULATOR  
REGISTER AT VHUMC.ORG

1952 2022

**THE YEAR TO SERVE**  
70 YEARS OF SERVING OTHERS AT VHUMC

Boomers & Beyond

**From Jesus to Jimmy Buffett**

3 Days of Peace, Love and Jesus  
September 12-14 | 9am-12pm in Tyson Hall | Register at vhumc.org

1952 2022

**AUGUST**  
SCHOOL/TEACHERS

**SERVE OPPORTUNITY**  
Week 35: Volunteer for a Boomer Workday in the Fall

**COLOSSIANS 4:5-6**  
Be wise in the way you act toward outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.



### Labor Day Hours

The church will be closed on Monday, September 5, for the Labor Day holiday. We hope you have a safe and relaxing weekend with your families. The Lighthouse will be closed on Friday, September 2 through Monday, September 5.

### Celebrating Baptisms

We celebrate the baptism of Blakely Catherine Smith and Madison Henri Smith who were baptized on August 28 at the 11:00 Traditional Service. Proud parents are Caryn and Caston Smith. Welcome to the family, Blakely and Madison!

### Discernment Information Sessions

We held our first of three Discernment Information Session last Sunday evening. It was well attended and very informative. The purpose of these sessions is for the Discernment Team to share information with the congregation related to the current option to disaffiliate from the United Methodist Church. The team will present the same information in all three meetings in order for church members to have a variety of opportunities to attend when convenient.

The Remaining Information Sessions will be held:

- Wednesday, September 7, at 6:00 in Tyson Hall
- Sunday, September 11, at 9:45 am in Tyson Hall

After the information sessions are complete, listening sessions will begin. The purpose of these sessions is for church members to have an opportunity to share their thoughts and opinions with the Discernment Team in person. Church members wishing to speak may sign-up using the link. Each speaker will be given 3 minutes at the microphone in order to allow as many speakers as possible over the two sessions. Due to the overlapping events (Holy Smokes on September 18), an additional listening session has been added on September 11 to give everyone a

chance to attend.

Listening Sessions will be held:

- Sunday, September 11 at 6:00 pm in Tyson Hall
- Sunday, September 18 at 6:00 pm in the Chapel
- Wednesday, September 28 at 6:00 pm in Tyson Hall

### Upcoming Prayer Service

Prayer is integral to our Discernment Process and every church member is invited to join the Discernment Prayer Team. Join us in the Chapel on Wednesday, September 14, at 5:00 pm, where we will have a time for prayer and fasting. We encourage fasting beginning Tuesday at sundown until we break our fast together on Wednesday.

### Miracle Academy- Hear the Story

Join us Labor Day weekend to hear about one of the newest schools to open in Birmingham. This story is one of true faith and a story of following where God leads you. Bishop Greg Mullen and his wife Rosie started Miracle Academy named after their daughter, Miracle.

They will come share their story in a joint Sunday School class on September 4 in the Fellowship Hall starting at 9:45 am. For more information about this class or to learn more about Miracle Academy and ways you can help, email Rachael Hayes (rhayes@vhumc.org). This is truly one story you will not want to miss. Seeing God in action, following where He leads, and witnessing true faith is a powerful testimony!

### 70th Anniversary of the Church

We hope you will join us this October as we celebrate the 70th anniversary of the church, with three special events! We will begin with an outdoor family worship service on Sunday, October 16. You won't want to miss this special throw-back to charter Sunday! We will serve breakfast beginning at 9:00 am, and worship

The Notes is a weekly publication highlighting the ministries of Vestavia Hills United Methodist Church. If you have information you would like to highlight, please contact Emily Forsythe at [eforsythe@vhumc.org](mailto:eforsythe@vhumc.org). Deadline for information is Monday at noon.



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**CARELINE: 205-822-9336**  
**WEEKEND OR AFTER-HOUR HEALTH**  
**EMERGENCIES: 205-914-3121**

VHUMC will not publish the names and/or concerns of persons known by VHUMC to be minors (18 years of age or younger) without the permission of said minor's legal guardian.

## Prayer Requests

Oren Babb  
Mike Harper  
Sandra Sims  
Ruth Bartow  
Ira Harvey  
Julia Stowe  
Lodema Bean  
Mary Anne Hooper  
Vicky Sullivan  
Judy Billmeier  
Anne Jacobsen  
Jim Thompson  
Julie Carroll  
Evelyn Langford  
John Watkins  
Brenda Correll  
Sue Malone  
Jay Wells  
Sandra Dowell  
Jean Morton  
Dan Wise  
Bill Griffin  
Joan Rasberry

Marvin Young  
Elizabeth Hamby  
Bob Ramsbacher  
Frances Hardwick  
Jalisa Simmons

### GLOBAL PRAYER REQUEST

- All of the Health Industry Workers
- All of our First Responders
- All who are struggling in these challenging times

We also continue to offer prayers of healing and comfort for all of the families impacted with the coronavirus. In an effort to keep the prayer request list current, names will be listed for two weeks unless we are otherwise notified. Thank you. Please let us know of your immediate family members serving in the military. Contact VHUMC (769.0109) with prayer request information.

## Resources

	Actual	Variance
Donations last week	\$80,458	+\$17,460
<b>July 2022</b>		
Donations	\$298,740	N/A
Other Income	\$11,782	N/A
Total Income	\$310,522	N/A

(+) Better or (-) worse for the church than our budget  
Budgets for this period have not yet been set

will begin at 10:00 am.

Later that evening, we will have dinner on the grounds at 5:00 pm, followed by a special speaker. This event will also be for the whole family.

Finally, join us in the Fellowship Hall on Wednesday, October 19, at 5:00 pm for a big celebration with your church family. Pizza, ice cream, and cake will be served and we will have lots of fun reminiscing the history of the church before heading off to regular Wednesday night programming.

## Columbarium Benches

As you may have noticed, the renovations to our Columbarium are well underway! One of the new features of this space will be limestone benches in close proximity to the seven sections of niches. We have had six benches generously donated by families who have loved ones in the Columbarium, which means we still have one bench remaining that is able to be named in memory of a family member(s). If you are interested in contributing to the Columbarium renovations by funding the remaining bench, please contact John Sweeney (769-0101/ jsweeney@vhumc.org).

## Upcoming Grief Support Group

All of us experience grief differently, and we have a dedicated ministry focused on providing loving care and support to those who are suffering the loss of a loved one. As part of that ministry, we periodically offer our Grief Support Groups to help you during your grieving process. Our goal is to provide a loving environment with trained leaders that facilitate these sessions. Participants learn valuable ways to cope with their grief, and they are able to share with others that have experienced the loss of spouses, children, parents, and siblings. Our sessions take place in a warm and caring environment, and they follow proven resources devoted to grief support.

The group meets on Wednesday evenings to dine together at 5:30 pm and start our sessions around 6:00 pm. We meet for about one hour. There is no cost for our Grief Support Group, and part of the joy of our ministry is also in furnishing dinner for all participants.

Our next Grief Support Group will meet for six sessions on Wednesdays from September 14 through October 19. To learn more about this upcoming Grief Support Group, or to register to participate, please contact either Steve Marmurek (stevemarmurek@gmail.com/ (813) 230-8999) or Butch Williams (bwilliams@vhumc.org / 769-0102).

## Treasures of Ireland Trip

VHUMC will be going to Ireland in 2023. Dr. Bill Brunson will lead a group April 17 - 26. On this journey to Ireland, you will see the beauty of the land and its people. Dr. Brunson wants you to be a part of this walk in history and culture of the Emerald Isle. You will see Dublin, Glendalough, Rock of Cashel, Cobh, Kindle, Blarney, Kenmare, Ring of Kerry, Waterville, Muckross House, Adare, Bunratty Castle, Cliffs of Moher, The Burren Galway, Connemare, Kylemore Abbey, and finally Clonmacnoise & Malahide Castle.

For more information please contact Jim Frazier (769-0126/ jfrazier@vhumc.org). We will have an informational meeting on Sunday September 18 at 5:00 pm in room 316.

## Boomer & Beyond Hike

VHUMC Boomers & Beyond will be hiking this Fall. Eric Carlton has come up with a wonderful hike at Oak Mountain State Park on Thursday, October 6, starting at 9:00 am. We will be hiking the Slingshot trail. We should be finished before 12:00 pm. Be sure to invite a friend. Click the link to see the details about the hike. Please let us know if you are going by contacting Jim Frazier (769-0126/ jfrazier@vhumc.org).

## September Hilltoppers Meeting

Our next meeting is Tuesday, September 20, at 10:30 am, in the Fellowship Hall. Harold Hagler will present a wonderful program about his adventures at Oberammergau. For information or to make a lunch reservation (\$6.00) call Margaret Flowers (769-0112/ mflowers@vhumc.org) no later than 11:00 am on Friday, September 16. Please note the price and, if possible, have correct change or an extra dollar bill.

Vestavia Hilltoppers is a VHUMC-sponsored organization for persons of retirement age, which meets each month for lunch and a program. They also sponsor trips and other activities that are publicized at meetings. Guests and new members are welcome.

## Alzheimer's and Dementia Awareness

Many of you know that several years ago my mother, Polly, was diagnosed with Alzheimer's Disease. The disease first changed her approach to living, then took her memories, then her life. She went from living independently, to living with us, to living in a memory care unit, and finally a skilled care unit. When she was first diagnosed, our daughter, Andrea, started Polly's Pack and began raising money to end Alzheimer's. Each year, we invite you to join our family in raising money to end this awful disease. Almost all of us know someone who has had their life touched by Alzheimer's or Dementia, so please consider donating to help fund the research that will one day bring the cure.

Thank you,

Bill and Michelle

## Ongoing Outreach

### FOOD PANTRY

Thank you to a very generous family for donating a new freezer to our pantry! Ziploc sandwich bags and quart bags, used for bagging our Panera, Publix, and Crumbl cookies are needed now. If you would like to make up birthday kits again, that would be great. Remember to include cake mix, frosting, candles, plates, and napkins, all in a gallon bag. These were greatly appreciated but we are out of them.

### OAK MOUNTAIN MISSION

Oak Mountain Missions still needs school clothes of all sizes, and tennis shoes for the entire family. Park at the lighthouse door and unload your bags into the bin inside the door. Receipts are in the bin back corner. Thank you.

## Congregational Care

### HOSPITALS, REHAB & EXTENDED CARE

Dedo Anthony, Jean Cox, Ann Friend, Betty Thompson, Debbie Wiggins

### SYMPATHY

To Pat Brandstadt in the death of her husband, Fred Brandstadt, on August 9th.

To Mary & Bill Friel in the death of Mary's son, Pelham Morris of Arab, AL, on August 10th.

To Ginger, Michael, Sarah, Maggie, Savannah & Olen Gann, and to Kennedy Gann Davis, in the death of Michael's mother, Jean Gann of Hamilton, AL, on August 13th.

To the family of Louise Woodall in her death on August 28th.

### CONGRATULATIONS

To Anne & Brad Osborne in the birth of their grandson, James Russell Osborne, on August 8th. Paige & Clark Osborne of Homewood are the proud parents, and Jack is the proud big brother.

To Patty & Bob Hanna in the birth of their granddaughter, Pippa Grace Hanna, on August 10th. Chelsie & Hayden Hanna are the proud parents, and Hattie Bea is the proud big sister.

To Abbey & Robert Ginter on the birth of their son, Griffin Kirby (Griff) Ginter, on August 11th. Jack is the proud big brother, and the maternal grandparents are Jenny & Jeff Kirby.

To Mary Anne & Bradley Phillips in the birth of their daughter Alyce Lee Phillips, on August 15th. Anne Russell and McCoy are her proud siblings, Anne & Brad Osborne are the maternal grandparents and Becky & Bill Phillips are the paternal grandparents.

To Ashlyn Lovell & Jackson McCrary upon their marriage in our Sanctuary on Saturday, August 27th. Lisa & Dan Lovell are the parents of the bride, and Sharon Lovell is the paternal grandmother.