

70 YEARS AND GROWING STRONGER

Sunday, October 16th
 MORNING: BREAKFAST AT 9:00 AM, FAMILY WORSHIP SERVICE AT 10:00 AM
 NIGHT: BRODY CROYLE SPEAKS AT 5:00 PM, DINNER IS SERVED AT 6:00 PM

Wednesday, October 19th
 5:00 PM CHURCH BIRTHDAY PARTY IN THE FELLOWSHIP HALL WITH PIZZA, CAKE AND ICE CREAM!

THE YEAR TO SERVE
 70 YEARS OF SERVING OTHERS AT VHUMC

FALL FESTIVAL
 Food. Family. Fun.
 SEPTEMBER 25 - 4-6PM
 Vestavia Methodist

SEPTEMBER DISASTER RELIEF

SERVE OPPORTUNITY
 Week 38: Volunteer to pack flood buckets

ISAIAH 43:2
 When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you.

The Notes is a weekly publication highlighting the ministries of Vestavia Hills United Methodist Church. If you have information you would like to highlight, please contact Emily Forsythe at eforsythe@vhumc.org. Deadline for information is Monday at noon.



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The Notes

Prayerfully Discerning Our Way Forward

Our Discernment Team is seeking to hear from church members about current issues within the United Methodist Church. One more listening session is scheduled to give church members an opportunity to share their thoughts and opinions with the Discernment Team in person. Church members wishing to speak may sign-up using the link.

If time allows, additional members may sign-up to speak at each meeting. The last Listening Session will be held Wednesday, September 28, at 6:00 pm, in the Sanctuary.

Please visit the discernment webpage which provides more details.

Welcome New Members

Please join in welcoming Austin & Todd Wilson to our VHUMC church family. They joined during the 11:00 am traditional worship service and have two boys: Richard & Miller.

Fall Festival

Join us this Sunday, September 25, from 4:00-6:00 pm for an evening filled with family entertainment, food, and fun with the entire community. There will be FREE hotdogs, popcorn, cotton candy, water, and cokes! The parking lot will be filled with games, inflatables, pony rides, face painting, and music. Admission is totally free, but we hope you will bring paper products (paper towels, toilet paper, paper plates) that we will be collecting for the Miracle Academy, one of our newest mission partners.

Volunteers are needed to make this huge event a success! Please register to bring a cake for the cake walk or sign up to work one of the inflatables or other stations at the links.

Please join this amazing event in the heart of this community and invite your friends and neighbors to

join us as well!

Costa Rica Trip Information Session

VHUMC will once again travel to work alongside our brothers and sisters with the Costa Rica Mission Project. We are hoping to have two teams travel next year, March 18-25 and March 25-April 1. Our March 25 trip will occur during our Spring Break week, and we are encouraging families with middle and high school students to travel with us. We will have an informational meeting for these trips this Sunday, September 25, at 2:00 pm, in room 202. Please contact John Sweeney (jsweeney@vhumc.org) for more information.

70th Anniversary of the Church

We hope you will join us this October as we celebrate the 70th anniversary of the church, with three special events! We will begin with an outdoor family worship service on Sunday, October 16. You won't want to miss this special throw-back to charter Sunday! We will serve breakfast beginning at 9:00 am, and worship will begin at 10:00 am.

Later that evening, we will have dinner on the grounds at 5:00 pm, followed by a special speaker. This event will also be for the whole family.

Finally, join us in the Fellowship Hall on Wednesday, October 19, at 5:00 pm for a big celebration with your church family. Pizza, ice cream, and cake will be served and we will have lots of fun reminiscing the history of the church before heading off to regular Wednesday night programming.

Boomer & Beyond Hike

VHUMC Boomers & Beyond will be hiking this Fall. Eric Carlton has come up with a wonderful hike at Oak Mountain State Park on Thursday, October 6, starting at 9:00 am. We will be hiking the Slingshot trail. We should be finished before 12:00 pm. Be sure

CARELINE: 205-822-9336
WEEKEND OR AFTER-HOUR HEALTH
EMERGENCIES: 205-914-3121

VHUMC will not publish the names and/or concerns of persons known by VHUMC to be minors (18 years of age or younger) without the permission of said minor's legal guardian.

Prayer Requests

Dedo Anthony Debbie Wiggins
Ann Friend Brenda Correll
Joan Rasberry Bill Meadows
Oren Babb Dan Wise
Bill Griffin Fay Dinken
Bob Ramsbacher Jean Morton
Ruth Bartow Marvin Young
Elizabeth Hamby
Sandra Sims
Lodema Bean
Frances Hardwick
Julia Stowe
Judy Billmeier
Mike Harper
Betty Thompson
Sally Browne
Mary Anne Hooper
John Watkins
April Butler
Anne Jacobsen
Jay Wells
Julie Carroll
Sue Malone

GLOBAL PRAYER REQUEST

- All of the Health Industry Workers
- All of our First Responders
- All who are struggling in these challenging times

We also continue to offer prayers of healing and comfort for all of the families impacted with the coronavirus. *In an effort to keep the prayer request list current, names will be listed for two weeks unless we are otherwise notified. Thank you. Please let us know of your immediate family members serving in the military. Contact VHUMC (769.0109) with prayer request information.*

Resources

	Actual	Variance
Donations last week	\$62,533	-\$2,605
July -August 2022		
Donations	\$542,219	+\$40,779
Other Income	\$23,525	+\$514
Total Income	\$565,744	+\$41,293

(+) Better or (-) worse for the church than our budget
Budgets for this period have not yet been set

to invite a friend. Click the link to see the details about the hike. Please let us know if you are going by contacting Jim Frazier (769-0126/ jfrazier@vhumc.org).

Fidget Mats Sewing Bee

We will meet for again on Tuesday, September 27, from 10 am – 2 pm in the Fellowship Hall.

What are Fidget Mats? Activity Mats that are designed to safely stimulate and soothe people with Dementia, Alzheimer's, PTSD, and Severe Macular Degeneration. Who makes them? Volunteers! No prior sewing experience is necessary!

During this last month we have given to a Palliative Care Unit, a Respite Adult Day Center, several Memory Care Units, and to individuals. Thank you for your donations, your support, your involvement when we make the mats, and your prayers.

Community Grief Support Offerings

Community Grief Support is a Birmingham-area organization devoted to those who have lost loved ones. They are offering two Grief Support Groups for specifically designated participants, and VHUMC is offering space for them to be held:

Evening Widowed Support Groups (Below Age 70): Held every Tuesday evening from 5:30 - 7:00 pm in Room 208 at VHUMC. This Group is offered from now until November 22.

Daytime Widowed Support Groups (Age 70+): Held the 1st & 3rd Tuesdays of the month from 10:00 - 11:30 am in Room 207A at VHUMC. This Group is offered beginning on October 4.

For more information, please contact Community Grief Support at (870-8667/ www.communitygriefsupport.org).

Alzheimer's and Dementia Awareness

Many of you know that several years ago my mother, Polly, was diagnosed with Alzheimer's Disease. The disease first changed her approach to living, then took her memories, then her life. She went from living independently, to living with us, to living in a memory care unit, and finally a skilled care unit. When she was first diagnosed, our daughter, Andrea, started Polly's Pack and began raising money to end Alzheimer's. Each year, we invite you to join our family in raising money to end this awful disease. Almost all of us know someone who has had their life touched by Alzheimer's or Dementia, so please consider donating to help fund the research that will one day bring the cure.

Thank you,

Bill and Michelle

Gospel Jubilee Singers Meeting on a New Night

The Gospel Jubilee Singers are a group of people that love to sing the old and new gospel hymns and songs. There is no requirement to sing. If someone wishes to come and listen, tap their foot, hum along, all are welcome! Please join this lively group on the first and third Wednesday night of every month beginning in October. Our next meeting will be on Wednesday, September 28, at 6:15 pm, in

the Chapel. Contact Harold Hagler (381-8366/ hoh@memoryhagler.com) with any questions.

Live2Lead

Please register to attend the annual Live2Lead leadership event, held at VHUMC, co-hosted by the Vestavia Hills Chamber of Commerce and Leadership Vestavia Hills. This is a John Maxwell event and will feature the following speakers this year: Patrick Lencioni, Eric Thomas, Dr. Tim Elmore, and Doris Kearns Goodwin. They will share insights on improving your leadership effectiveness. The event is Thursday, November 10, from 8:00 am - 12:30 pm in Tyson Hall. Registration is \$25. For questions or information, please contact Suzanne Scott-Trammell (769-0136/ sstrammell@vhumc.org).

Boomer & Beyond Workday

VHUMC Boomers & Beyond will have a workday near Grace Church on Saturday, October 1, from 9:00 am - 12:00 pm. We will have a church bus available at 8:30 am in the church parking lot for those who need a ride. All you need to bring is a pair of gloves and some water. We will stop and have lunch on the way back.

We will be just around the corner from Grace Church. For those who wish to drive, the address is 125 5th Street North, which is next to the cemetery and across the street from the football field at Woodlawn High School. This will be a community outreach program center much like the Rush Center but using neighborhood kids, a tutoring center, a warming station, and many other things after it is completed. It is in an old 1932 church and we will be building walls, and doing light carpentry work that most anyone can do along with some other tasks like stacking material or pulling nails.

If you have any questions or plan on attending, please contact Jim Frazier (769-0126/ jfrazier@vhumc.org).

Congregational Care

HOSPITALS, REHAB & EXTENDED CARE

Jean Cox

SYMPATHY

To the family of Louise Woodall in her death on August 28th.

To the family of Rodney Gilbert in his death on September 16th.

CONGRATULATIONS

To Mary Anne & Bradley Phillips in the birth of their daughter Alyce Lee Phillips, on August 15th. Anne Russell and McCoy are her proud siblings, Anne & Brad Osborne are the maternal grandparents and Becky & Bill Phillips are the paternal grandparents.

To Ashlyn Lovell & Jackson McCrary upon their marriage in our Sanctuary on Saturday, August 27th. Lisa & Dan Lovell are the parents of the bride, and Sharon Lovell is the paternal grandmother.

Ongoing Outreach

FOOD PANTRY

Here are some recent notes from our food pantry recipient families: *Thank you so much for volunteering your precious time to organize your food pantry giveaways. God bless all of you.*

He who does not love does not know God, for God is love. Thank you for this ministry.

Just want to thank you and ask the Lord to shower you with His blessings. I want to thank you and all the volunteers that take the time each month to share a blessing to all of us in need. You all are so very kind and I look

forward to seeing your smiling faces each time I come to see you.

The Food Pantry team is very fortunate to be a part of the lives of these wonderful families that we serve.

OAK MOUNTAIN MISSION

Oak Mountain Missions still needs school clothes of all sizes, and tennis shoes for the entire family. Park at the lighthouse door and unload your bags into the bin inside the door. Receipts are in the bin back corner. Thank you.